



**Resultado Oficial**  
**09 de dezembro de 2018**  
**5K Masculino Geral**



Coloc.	Núm.	Atleta	Idd.	Modalidade	Equipe	Tempo Bruto	Tempo Líquido	Vídeo Chegada clique e veja
1	5403	THIAGO LOPES DE SOUZA	27	GERAL	FUZILEIROS NAVAIS/FFE	00:15:35	00:15:35	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
2	5404	FÁBIO KUSCZKOSKI	34	GERAL	FUZILEIROS NAVAIS/FFE	00:15:39	00:15:39	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
3	5148	FELIPE DE FREITAS	27	GERAL	LILIA GODOI/ACADEMIA GOLD/UFF	00:16:58	00:16:58	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
4	5140	ERICK MARTINS LOPES DE CARVALHO	16	GERAL		00:18:02	00:17:59	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
5	5369	GILVAN BARROS DE OLIVEIRA	35	GERAL	RAFINHA RUNNING	00:18:05	00:18:05	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
6	5038	RODRIGO FRANZINI CAMPOS	32	GERAL	LOBOS ADVENTURE	00:18:11	00:18:11	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
7	5125	EDSON DA SILVA PINHEIRO	41	GERAL	ALTERNATIVA RUNNERS	00:18:12	00:18:12	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
8	5289	PEDRO HENRIQUE REIS FERNANDES DE OLIVEIRA	19	GERAL		00:18:13	00:18:13	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
9	5048	VALTER ARAUJO	46	GERAL	EZK TEAM	00:18:43	00:18:43	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
10	5309	RICARDO LOPES DE CARVALHO	57	GERAL		00:19:14	00:19:14	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
11	5196	JORGE DE CARVALHO	56	CBMERJ	CBMERJ/CRD	00:19:30	00:19:30	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
12	5185	JARDEL DE OLIVEIRA ABDEL	40	GERAL	SITE JAPERI ONLINE	00:19:31	00:19:31	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
13	5380	PEDRO PAULO FRANCISCO AGUIAR	49	GERAL		00:20:05	00:20:03	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
14	5239	MARCELO ALEXANDRE BENTES DOS SANTOS	45	GERAL		00:20:19	00:20:18	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
15	5003	CLAUDIO FERREIRA DE ALMEIDA	63	GERAL		00:20:27	00:20:27	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
16	5241	MARCELO PINHEIRO DA SILVA	45	GERAL	PAPA-LÉGUAS MARICÁ	00:20:40	00:20:34	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
17	5136	ELIAS SOARES ANDRADE	26	GERAL		00:20:54	00:20:40	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
18	5386	HUGO DE MORAES NUNES AGUIAR	15	GERAL	PAIXÃO RUNNERS	00:20:43	00:20:41	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
19	5176	IGOR VENÂNCIO AMARANTE	27	GERAL		00:20:59	00:20:48	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
20	5388	KLEBER FONSECA FERREIRA	56	GERAL		00:20:55	00:20:50	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
21	5191	JOÃO FELIPE CORRÊA FIGUEIREDO	28	GERAL		00:21:04	00:20:54	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
22	5236	MACIEL RIBEIRO DA SILVA	57	CBMERJ	BOMBEIROS	00:21:01	00:21:01	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
23	5118	DIEGO BARCELLOS PEREIRA	25	GERAL		00:21:57	00:21:49	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
24	5083	CARLOS ANDRE PINTO DA SILVA	47	GERAL		00:21:58	00:21:51	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
25	5063	ANDRÉ LUÍS NOGUEIRA SAAD	58	GERAL		00:21:52	00:21:52	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
26	5085	CARLOS EDUARDO CARVALHO BARBOSA	33	GERAL		00:22:09	00:22:08	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
27	5200	JOSÉ ALEJANDRO	37	GERAL		00:22:21	00:22:11	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
28	5056	ALTANEIRO BATISTA DOS ANJOS NETO	44	GERAL		00:22:22	00:22:21	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
29	5240	MARCELO PALTRINIERI BARRIAS	44	GERAL		00:22:32	00:22:32	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
30	5336	CLAUDIO VAZ	49	GERAL		00:22:37	00:22:35	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
31	5287	PAULO NUNES COSTA FILHO	37	CBMERJ		00:22:51	00:22:51	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
32	5387	JOSIAS DA FONSECA MEDEIROS	48	GERAL		00:23:46	00:22:55	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
33	5267	MAYCON ARAUJO COELHO	37	CBMERJ		00:23:01	00:22:59	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
34	5410	JOSE OSMAR ALVES	46	GERAL		00:23:04	00:23:04	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
35	5266	MAURICIO DACACHE FILHO	35	CBMERJ		00:23:08	00:23:07	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
36	5174	HUGO COSTA FERRAZ	37	GERAL		00:23:41	00:23:10	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
37	5149	FELIPE TORRES DOS PASSOS	35	GERAL	RENEGADOS RUN	00:23:14	00:23:12	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
38	5065	ANDRÉ NOGUEIRA	39	CBMERJ	CORREDORES DO FOGO	00:23:25	00:23:25	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
39	5079	CAIO FERREIRA PORTUGAL	32	GERAL		00:23:46	00:23:33	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
40	5095	CÉSAR AUGUSTO MONTEIRO PALHARES	29	GERAL		00:23:58	00:23:40	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
41	5153	FERNANDO DA SILVA	28	GERAL		00:24:09	00:23:56	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
42	5190	JOÃO EDUARDO JESUS NASCIMENTO	22	GERAL		00:24:13	00:23:56	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
43	5146	FÁBIO OLIVEIRA BARROS	42	CBMERJ	BOMBEIROS/NITERÓI	00:24:11	00:23:57	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
44	5007	HENRIQUE DA SILVA BELLUOMINI	40	GERAL	BABYLÂNDIA	00:24:03	00:24:03	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
45	5303	RENAN PENNER SOUTELINO	17	GERAL		00:24:29	00:24:03	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
46	5093	CASSIO MARCELO SOARES	41	GERAL		00:24:25	00:24:09	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
47	5278	OLIVEIRA	29	GERAL		00:24:30	00:24:22	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
48	5249	MARCOS MENEZES DA SILVA	40	GERAL	GALVAO RUNNING	00:24:33	00:24:22	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
49	5135	ELIAS SILVA DE OLIVEIRA	41	CBMERJ		00:24:40	00:24:28	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
50	5365	WILLIAM WAGNER DE MIRANDA MELLO	57	CBMERJ		00:25:39	00:24:28	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
51	5035	GIOVANNI GUADAGNNI GRANADA	29	GERAL	LOBOS ADVENTURE	00:24:37	00:24:36	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
52	5315	ROBSON JULIO COSTA BOMFIM	53	GERAL		00:24:53	00:24:36	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
53	5130	EGBERTO FARIAS DE LEMOS	36	CBMERJ		00:24:50	00:24:50	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
54	5218	LEONARDO BRUST DO NASCIMENTO	41	GERAL		00:25:00	00:24:56	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
55	5305	RENATO DE OLIVEIRA SANTOS	48	CBMERJ		00:25:06	00:24:57	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
56	5086	CARLOS ELIODORIO DOS SANTOS	39	GERAL	MARINES	00:24:59	00:24:59	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
57	5319	RODRIGO HESPANHOL DE MENEZES	46	CBMERJ		00:25:20	00:25:16	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
58	5390	JOÃO LOPES DE QUEIROZ	67	GERAL		00:25:23	00:25:21	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
59	5084	CARLOS BEZERRA DE AZEVEDO	57	GERAL		00:25:36	00:25:30	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>
60	5242	MARCELO VIEGAS LOPES	42	GERAL	AGRIDOCE GASTRONOMIA	00:25:42	00:25:34	<a href="http://www.youtube.com/watch?v=ubK32zqg8tE">www.youtube.com/watch?v=ubK32zqg8tE</a>

61	5126	EDUARDO DE MACEDO RODRIGUES	32	CBMERJ		00:26:14	00:25:38	www.youtube.com/watch?v=ua8k32zq08tE_continue-1574
62	5393	CLAUCIR CONCEIÇÃO COSTA	46	CBMERJ		00:25:54	00:25:45	www.youtube.com/watch?v=ua8k32zq08tE_continue-1554
63	5073	ARTHUR GOMES GARCIA	29	GERAL		00:26:00	00:25:52	www.youtube.com/watch?v=ua8k32zq08tE_continue-1560
64	5322	ROGÉRIO CAMBA MACHADO	53	GERAL		00:26:01	00:25:53	www.youtube.com/watch?v=ua8k32zq08tE_continue-1561
65	5379	DOUGLAS FRANCISCO JOSE	26	GERAL		00:26:10	00:25:55	www.youtube.com/watch?v=ua8k32zq08tE_continue-1570
66	5144	FABIANO MARQUES DE OLIVEIRA	26	GERAL		00:26:23	00:26:03	www.youtube.com/watch?v=ua8k32zq08tE_continue-1583
67	5246	MARCIO LUIZ VASCONCELOS PINTO	47	CBMERJ		00:26:18	00:26:11	www.youtube.com/watch?v=ua8k32zq08tE_continue-1576
68	5127	EDUARDO DE NAZARÉ GENTIL MENDES	42	GERAL		00:26:32	00:26:11	www.youtube.com/watch?v=ua8k32zq08tE_continue-1592
69	5103	CLEANTO BATISTA DO NASCIMENTO	41	CBMERJ		00:26:18	00:26:12	www.youtube.com/watch?v=ua8k32zq08tE_continue-1578
70	5219	LEONARDO DE ASSIS E SILVA	24	GERAL		00:26:31	00:26:17	www.youtube.com/watch?v=ua8k32zq08tE_continue-1591
71	5061	ANDERSON DE OLIVEIRA CAETANO	43	CBMERJ		00:26:46	00:26:20	www.youtube.com/watch?v=ua8k32zq08tE_continue-1606
72	5214	LEANDRO ALVES DA SILVA	39	CBMERJ		00:27:00	00:26:29	www.youtube.com/watch?v=ua8k32zq08tE_continue-1620
73	5356	VICENTE DE PAULA ROCHA LIMA JUNIOR	43	GERAL	EQUIPE SANGUE AZUL	00:26:40	00:26:33	www.youtube.com/watch?v=ua8k32zq08tE_continue-1600
74	5307	RENILTON DIAS DOS SANTOS	39	CBMERJ		00:26:50	00:26:46	www.youtube.com/watch?v=ua8k32zq08tE_continue-1610
75	5029	ROBSON ALVES DAS NEVES	42	GERAL	6ª UPAM	00:26:50	00:26:49	www.youtube.com/watch?v=ua8k32zq08tE_continue-1610
76	5139	EMILSON DE SOUZA	60	GERAL		00:27:00	00:27:00	www.youtube.com/watch?v=ua8k32zq08tE_continue-1620
77	5207	JULIO CÉSAR GOMES SODRÉ	34	GERAL		00:27:33	00:27:04	www.youtube.com/watch?v=ua8k32zq08tE_continue-1653
78	5028	MARCIO RODRIGUES DA SILVA	42	GERAL	6ª UPAM	00:27:20	00:27:16	www.youtube.com/watch?v=ua8k32zq08tE_continue-1640
79	5350	UBIRAJARA GONÇALVES DE ALMEIA	50	CBMERJ	CE+3	00:27:40	00:27:20	www.youtube.com/watch?v=ua8k32zq08tE_continue-1660
80	5168	HÉCTOR JOSÉ ANDRADE CONCHA	37	GERAL	B17	00:27:34	00:27:24	www.youtube.com/watch?v=ua8k32zq08tE_continue-1654
81	5291	PEDRO PAULO MERAT	53	GERAL	TEAM PORFÍRIO	00:27:33	00:27:25	www.youtube.com/watch?v=ua8k32zq08tE_continue-1653
82	5252	MARCOS TÁDEU DA LUZ CARVALHO	41	GERAL	NOVA ALAMEDA	00:28:15	00:27:41	www.youtube.com/watch?v=ua8k32zq08tE_continue-1695
83	5364	WALLACE RANGEL VERCIANI	28	GERAL	YAMAGATA RUNNERS	00:28:01	00:27:43	www.youtube.com/watch?v=ua8k32zq08tE_continue-1681
84	5352	VALDEMIR RODRIGUES DOS SANTOS	44	CBMERJ		00:27:58	00:27:43	www.youtube.com/watch?v=ua8k32zq08tE_continue-1676
85	5250	MARCOS PAULO RALHA VIEIRA	42	GERAL		00:27:56	00:27:46	www.youtube.com/watch?v=ua8k32zq08tE_continue-1676
86	5132	ELCIO FARIAS MORAIS	59	GERAL		00:27:50	00:27:46	www.youtube.com/watch?v=ua8k32zq08tE_continue-1670
87	5292	PERRONI MENDES	53	GERAL		00:28:10	00:27:47	www.youtube.com/watch?v=ua8k32zq08tE_continue-1690
88	5204	JOSÉ RAMOS DA SILVA	52	GERAL		00:28:10	00:28:01	www.youtube.com/watch?v=ua8k32zq08tE_continue-1690
89	5165	GUILHERME FERREIRA DUQUE ESTRADA	38	GERAL		00:28:10	00:28:04	www.youtube.com/watch?v=ua8k32zq08tE_continue-1690
90	5053	ALEX LIMA DOS SANTOS	43	GERAL		00:28:27	00:28:12	www.youtube.com/watch?v=ua8k32zq08tE_continue-1707
91	5143	FABIANO BARRIS PATRINIÈRE	41	GERAL		00:28:30	00:28:22	www.youtube.com/watch?v=ua8k32zq08tE_continue-1710
92	5321	RODRIGO ROCHA MACHADO	40	CBMERJ		00:28:41	00:28:26	www.youtube.com/watch?v=ua8k32zq08tE_continue-1722
93	5026	ANDERSON JOSÉ DA COSTA BARROS	36	GERAL	6ª UPAM	00:28:32	00:28:27	www.youtube.com/watch?v=ua8k32zq08tE_continue-1712
94	5306	RENATO SOUZA REZENDE	36	CBMERJ		00:28:32	00:28:32	www.youtube.com/watch?v=ua8k32zq08tE_continue-1712
95	5383	JOSE VALTER DOS SANTOS	53	GERAL		00:28:39	00:28:36	www.youtube.com/watch?v=ua8k32zq08tE_continue-1719
96	5370	RICARDO SOUZA REZENDE	38	GERAL		00:28:43	00:28:42	www.youtube.com/watch?v=ua8k32zq08tE_continue-1723
97	5077	BRUNO HAUSSMANN DO NASCIMENTO NOYA	35	GERAL		00:29:21	00:28:49	www.youtube.com/watch?v=ua8k32zq08tE_continue-1762
98	5290	PEDRO PAULO DOS REIS	66	GERAL		00:28:52	00:28:50	www.youtube.com/watch?v=ua8k32zq08tE_continue-1782
99	5124	EDSON BARBOSA DE OLIVEIRA	46	GERAL		00:29:28	00:28:58	www.youtube.com/watch?v=ua8k32zq08tE_continue-1766
100	5231	LÚIS FERNANDO DINIZ DE ARAÚJO GAMA	30	GERAL	GAMA EC	00:29:08	00:29:03	www.youtube.com/watch?v=ua8k32zq08tE_continue-1748
101	5310	RICARDO MOURA FIRMINO	34	GERAL	B17	00:29:18	00:29:08	www.youtube.com/watch?v=ua8k32zq08tE_continue-1758
102	5202	JOE MARCELO DA SILVA	39	GERAL		00:29:16	00:29:11	www.youtube.com/watch?v=ua8k32zq08tE_continue-1756
103	5193	JOÃO LUIZ RODRIGUES VERCIANI	54	GERAL		00:29:30	00:29:12	www.youtube.com/watch?v=ua8k32zq08tE_continue-1770
104	5285	PAULO FERNANDO PORTO LEOPOLDINO	37	GERAL	TUPINAMBÁ VAA	00:29:34	00:29:20	www.youtube.com/watch?v=ua8k32zq08tE_continue-1774
105	5186	JEFFERSON DE ANDRADE BRAGANÇA	48	GERAL		00:30:13	00:29:36	www.youtube.com/watch?v=ua8k32zq08tE_continue-1813
106	5142	EVERALDO PESSOA DE ANDRADE	43	CBMERJ		00:29:56	00:29:52	www.youtube.com/watch?v=ua8k32zq08tE_continue-1796
107	5192	JOÃO FLORIANO VIVEIROS PINTO DE FARIA	40	GERAL		00:30:19	00:29:53	www.youtube.com/watch?v=ua8k32zq08tE_continue-1819
108	5064	ANDRÉ LUIS VIEIRA DOS SANTOS	50	CBMERJ	CORREDORES DO FOGO	00:30:01	00:29:58	www.youtube.com/watch?v=ua8k32zq08tE_continue-1801
109	5072	ÂNGELO PEIXOTO FONSECA	50	GERAL		00:30:14	00:30:03	www.youtube.com/watch?v=ua8k32zq08tE_continue-1814
110	5198	JORGE LUIZ DO NASCIMENTO	56	GERAL		00:30:10	00:30:03	www.youtube.com/watch?v=ua8k32zq08tE_continue-1810
111	5374	MARCOS ROBERTO MACIEL	41	GERAL		00:30:31	00:30:16	www.youtube.com/watch?v=ua8k32zq08tE_continue-1831
112	5251	MARCOS ROBERTO DE JESUS	43	GERAL		00:30:35	00:30:29	www.youtube.com/watch?v=ua8k32zq08tE_continue-1835
113	5247	MARCOS ALAN ANCHIETA RODRIGUES	46	CBMERJ		00:31:00	00:30:36	www.youtube.com/watch?v=ua8k32zq08tE_continue-1860
114	5269	MIGUEL FERNANDO DA SILVA MAGALHÃES	19	GERAL		00:31:07	00:30:40	www.youtube.com/watch?v=ua8k32zq08tE_continue-1867
115	5027	JEFFERSON LIMA DA SILVA	34	GERAL	6ª UPAM	00:31:02	00:30:57	www.youtube.com/watch?v=ua8k32zq08tE_continue-1862
116	5371	MATEUS GONÇALVES REZENDE	17	GERAL		00:31:04	00:31:02	www.youtube.com/watch?v=ua8k32zq08tE_continue-1864
117	5288	PAULO ROBERTO RODRIGUES MOTA	38	CBMERJ		00:31:05	00:31:05	www.youtube.com/watch?v=ua8k32zq08tE_continue-1865
118	5169	HÉLCIO DÍAS BASTOS	51	GERAL		00:31:23	00:31:13	www.youtube.com/watch?v=ua8k32zq08tE_continue-1881
119	5179	ITALO DA COSTA VASCONCELOS	25	GERAL		00:31:58	00:31:30	www.youtube.com/watch?v=ua8k32zq08tE_continue-1918
120	5087	CARLOS ROBERTO DA SILVA	60	GERAL		00:31:49	00:31:31	www.youtube.com/watch?v=ua8k32zq08tE_continue-1909
121	5348	THIAGO OLÍMPIO SILVA DAUMAS FARIA	35	GERAL		00:31:53	00:31:36	www.youtube.com/watch?v=ua8k32zq08tE_continue-1913
122	5300	RAMON GONÇALVES DANTAS DE FARIAS	25	GERAL	TEAM RAMON DANTAS	00:32:07	00:31:42	www.youtube.com/watch?v=ua8k32zq08tE_continue-1927
123	5041	ZEFERINO FERNANDES DA SILVA	49	GERAL	LOBOS ADVENTURE	00:32:05	00:31:53	www.youtube.com/watch?v=ua8k32zq08tE_continue-1925
124	5281	OSWALDO SILVA NETO	34	GERAL		00:32:15	00:31:59	www.youtube.com/watch?v=ua8k32zq08tE_continue-1935
125	5059	ANDERSON CAROLO DE SOUZA	47	GERAL		00:32:47	00:32:21	www.youtube.com/watch?v=ua8k32zq08tE_continue-1967
126	5045	CLAUDIO NASCIMENTO	65	GERAL	EZK TEAM	00:32:26	00:32:26	www.youtube.com/watch?v=ua8k32zq08tE_continue-1946

127	5088	CARLOS ROBERTO MONTEIRO DE ARAUJO	61	GERAL		00:32:32	00:32:26	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-1952">www.youtube.com/watch?v=abK12zqg8tE_continue-1952</a>
128	5363	WALLACE ANTUNES PINHO	57	GERAL	GALVAO RUNNING	00:33:11	00:32:53	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-1951">www.youtube.com/watch?v=abK12zqg8tE_continue-1951</a>
129	5102	CLAUDOMIRO RODRIGUES ALVES	48	CBMERJ		00:33:11	00:33:01	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-1951">www.youtube.com/watch?v=abK12zqg8tE_continue-1951</a>
130	5347	THIAGO DOS SANTOS RODRIGUES	35	GERAL		00:33:35	00:33:05	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2015">www.youtube.com/watch?v=abK12zqg8tE_continue-2015</a>
131	5025	ALEXSANDRO SANTOS DE OLIVEIRA	33	GERAL	6ª UPAM	00:33:23	00:33:19	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2003">www.youtube.com/watch?v=abK12zqg8tE_continue-2003</a>
132	5157	FREDERICO LANDEIRA MOTA	42	CBMERJ		00:33:47	00:33:46	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2027">www.youtube.com/watch?v=abK12zqg8tE_continue-2027</a>
133	5206	JUAREZ GORGONHO DA SILVA	62	GERAL		00:34:31	00:33:55	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2071">www.youtube.com/watch?v=abK12zqg8tE_continue-2071</a>
134	5384	LUIZ CARLOS CORDEIRO	64	GERAL		00:34:09	00:34:00	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2040">www.youtube.com/watch?v=abK12zqg8tE_continue-2040</a>
135	5112	DAVID RIBEIRO DE SOUZA	35	CBMERJ		00:34:24	00:34:05	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2064">www.youtube.com/watch?v=abK12zqg8tE_continue-2064</a>
136	5329	SEVERINO LUIZ DE LIMA	51	GERAL		00:34:33	00:34:06	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2073">www.youtube.com/watch?v=abK12zqg8tE_continue-2073</a>
137	5154	FILIPE LAGE DE SOUSA	44	GERAL		00:34:19	00:34:11	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2059">www.youtube.com/watch?v=abK12zqg8tE_continue-2059</a>
138	5166	HAMILTON FERNANDES AZEVEDO DIAS	52	GERAL	CROSS TRAINING ARENA BARRETO	00:34:39	00:34:17	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2079">www.youtube.com/watch?v=abK12zqg8tE_continue-2079</a>
139	5050	ADRIANO ALVES CUNHA	51	GERAL		00:34:54	00:34:21	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2054">www.youtube.com/watch?v=abK12zqg8tE_continue-2054</a>
140	5195	JONATHAN RODRIGUES DE OLIVEIRA	17	GERAL	KIAI DE JIU JTSU	00:34:50	00:34:24	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2090">www.youtube.com/watch?v=abK12zqg8tE_continue-2090</a>
141	5227	LUCIANO SERRA OLIVEIRA	44	GERAL		00:34:49	00:34:24	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2089">www.youtube.com/watch?v=abK12zqg8tE_continue-2089</a>
142	5040	VANDERSON MORAIS DE MOURA	40	GERAL	LOBOS ADVENTURE	00:34:58	00:34:43	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2098">www.youtube.com/watch?v=abK12zqg8tE_continue-2098</a>
143	5346	THIAGO BONIOLI ALVES PEREIRA	33	GERAL	BIG TIGER TEAM	00:35:52	00:35:38	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2152">www.youtube.com/watch?v=abK12zqg8tE_continue-2152</a>
144	5160	GENESIO LINDOLFO DA SILVA	72	GERAL	TURMA DA PAZ	00:36:10	00:36:00	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2170">www.youtube.com/watch?v=abK12zqg8tE_continue-2170</a>
145	5161	GENIVALDO GOMES DA SILVA	39	GERAL		00:36:08	00:36:03	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2166">www.youtube.com/watch?v=abK12zqg8tE_continue-2166</a>
146	5119	DIEGO MACHADO TEIXEIRA DA SILVA	25	GERAL		00:36:44	00:36:44	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2104">www.youtube.com/watch?v=abK12zqg8tE_continue-2104</a>
147	5293	PHILIPPE DA SILVA SCOTT	38	GERAL		00:37:16	00:37:04	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2136">www.youtube.com/watch?v=abK12zqg8tE_continue-2136</a>
148	5189	JOÃO CARLOS G. DA SILVEIRA	57	GERAL		00:38:31	00:38:02	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2111">www.youtube.com/watch?v=abK12zqg8tE_continue-2111</a>
149	5349	THOMAS LOTHAR SCHMIDT	56	GERAL		00:38:32	00:38:06	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2112">www.youtube.com/watch?v=abK12zqg8tE_continue-2112</a>
150	5104	CLEIVERSON BARROS	37	GERAL		00:39:49	00:39:35	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2189">www.youtube.com/watch?v=abK12zqg8tE_continue-2189</a>
151	5277	ODILON CARLOS CUPERTINO JÚNIOR	36	CBMERJ		00:39:57	00:39:37	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2197">www.youtube.com/watch?v=abK12zqg8tE_continue-2197</a>
152	5163	GIOVANE DOS SANTOS DIAS	41	CBMERJ		00:40:26	00:39:45	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2426">www.youtube.com/watch?v=abK12zqg8tE_continue-2426</a>
153	5253	MARCUS VINICIUS DE ALMEIDA BARBOSA E DACO	40	CBMERJ		00:40:54	00:40:32	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2054">www.youtube.com/watch?v=abK12zqg8tE_continue-2054</a>
154	5394	CAIO AUGUSTO COSTEIRA COSTA	14	GERAL		00:40:44	00:40:36	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2444">www.youtube.com/watch?v=abK12zqg8tE_continue-2444</a>
155	5357	VICTOR PINHEIRO DE CARVALHO	36	CBMERJ		00:41:33	00:41:21	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2493">www.youtube.com/watch?v=abK12zqg8tE_continue-2493</a>
156	5092	CASSIO HOMERO MARTINS DA SILVA	48	CBMERJ		00:41:38	00:41:38	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2498">www.youtube.com/watch?v=abK12zqg8tE_continue-2498</a>
157	5121	EDGAR PESSOA DE ANDRADE	40	CBMERJ	3º GBM	00:42:21	00:42:15	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2541">www.youtube.com/watch?v=abK12zqg8tE_continue-2541</a>
158	5047	ROBSON MARY	61	GERAL	EZK TEAM	00:43:01	00:42:41	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2581">www.youtube.com/watch?v=abK12zqg8tE_continue-2581</a>
159	5078	BRUNO SILVA DO CARMO	37	CBMERJ		00:43:12	00:42:51	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2582">www.youtube.com/watch?v=abK12zqg8tE_continue-2582</a>
160	5101	CLAUDINEI DA CONCEIÇÃO PEREIRA	48	GERAL		00:43:12	00:43:09	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2592">www.youtube.com/watch?v=abK12zqg8tE_continue-2592</a>
161	5128	EDUARDO LOBO SAMPAIO DE DEUS	25	GERAL		00:44:58	00:44:51	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2698">www.youtube.com/watch?v=abK12zqg8tE_continue-2698</a>
162	5245	MARCIO LEANDRO SANTANA DE SOUZA	43	CBMERJ		00:45:19	00:44:55	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2719">www.youtube.com/watch?v=abK12zqg8tE_continue-2719</a>
163	5156	FRANCISCO TAVEIRA ESCALEIRA	72	GERAL		00:45:47	00:45:40	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2747">www.youtube.com/watch?v=abK12zqg8tE_continue-2747</a>
164	5016	DEOCLECIANO SANTOS DE AGUIAR	52	GERAL	OFICINA RUN	00:45:55	00:45:49	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2750">www.youtube.com/watch?v=abK12zqg8tE_continue-2750</a>
165	5115	DELSON OLIVEIRA MORAES	83	GERAL		00:46:16	00:45:58	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2776">www.youtube.com/watch?v=abK12zqg8tE_continue-2776</a>
166	5060	ANDERSON CORDEIRO DIAS	22	GERAL	CROSS TRAINING ARENA BARRETO	00:47:22	00:46:53	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2842">www.youtube.com/watch?v=abK12zqg8tE_continue-2842</a>
167	5036	GUARACY DE CARVALHO MEDINA	56	GERAL	LOBOS ADVENTURE	00:47:22	00:47:01	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2842">www.youtube.com/watch?v=abK12zqg8tE_continue-2842</a>
168	5199	JORGE SAMPAIO DE DEUS FILHO	56	CBMERJ		00:47:24	00:47:14	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2844">www.youtube.com/watch?v=abK12zqg8tE_continue-2844</a>
169	5372	MARCO AURELIO PALIERAQUI RODRIGUES ALVES	53	GERAL		00:47:18	00:47:18	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2838">www.youtube.com/watch?v=abK12zqg8tE_continue-2838</a>
170	5155	FLAVIO ASSIS VASCONCELOS	48	GERAL		00:47:56	00:47:32	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2876">www.youtube.com/watch?v=abK12zqg8tE_continue-2876</a>
171	5320	RODRIGO MEIRA E SILVA	36	GERAL		00:48:22	00:47:48	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2902">www.youtube.com/watch?v=abK12zqg8tE_continue-2902</a>
172	5378	FELIPE DA MOTA ALMEIDA	37	GERAL		00:48:13	00:48:13	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2893">www.youtube.com/watch?v=abK12zqg8tE_continue-2893</a>
173	5173	HUGO ABRAÃO RODRIGUES DA SILVA	30	CBMERJ		00:48:51	00:48:33	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2931">www.youtube.com/watch?v=abK12zqg8tE_continue-2931</a>
174	5054	ALEX PABLO ADAME LEAL	44	GERAL		00:49:19	00:48:43	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2959">www.youtube.com/watch?v=abK12zqg8tE_continue-2959</a>
175	5175	HUGO MARCELO DA SILVA	56	CBMERJ	CSM	00:48:59	00:48:43	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2939">www.youtube.com/watch?v=abK12zqg8tE_continue-2939</a>
176	5089	CARLOS WALLACE DA SILVA FERREIRA	38	GERAL		00:49:59	00:49:33	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-2999">www.youtube.com/watch?v=abK12zqg8tE_continue-2999</a>
177	5385	JORGE LUIZ DOS SANTOS CORDEIRO	64	GERAL	APPAL	00:50:05	00:49:58	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3005">www.youtube.com/watch?v=abK12zqg8tE_continue-3005</a>
178	5081	CAMILO RIBAMAR RAMOS	54	CBMERJ		00:50:53	00:50:41	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3053">www.youtube.com/watch?v=abK12zqg8tE_continue-3053</a>
179	5396	ADILSON ALVES DE SOUZA	59	CBMERJ	FABOM	00:50:54	00:50:43	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3054">www.youtube.com/watch?v=abK12zqg8tE_continue-3054</a>
180	5297	RAFAEL CARNEIRO DE ANDRADE	36	GERAL	FILHOTES DE GUEPARDO	00:53:59	00:51:25	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3239">www.youtube.com/watch?v=abK12zqg8tE_continue-3239</a>
181	5318	RODRIGO DE CASTRO LOPES	37	GERAL		00:53:49	00:53:15	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3229">www.youtube.com/watch?v=abK12zqg8tE_continue-3229</a>
182	5217	LEONARDO BARBOSA	36	GERAL		00:54:42	00:54:21	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3282">www.youtube.com/watch?v=abK12zqg8tE_continue-3282</a>
183	5316	ROBSON PAES BARRETO	69	GERAL		00:54:39	00:54:30	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3170">www.youtube.com/watch?v=abK12zqg8tE_continue-3170</a>
184	5308	RICARDO AYALA	65	GERAL		00:56:24	00:55:56	<a href="http://www.youtube.com/watch?v=abK12zqg8tE_continue-3184">www.youtube.com/watch?v=abK12zqg8tE_continue-3184</a>