



Resultado Oficial
08 de dezembro de 2019
5K Masculino Geral



Coloc.	Núm.	Atleta	Idd.	Equipe	Tempo Bruto	Tempo Líquido
1	5219	MIGUEL MORONE NETO	36	TRIGMAR	00:16:02	00:16:02
2	5215	WESLEY CAITANO MARTINS	23	ASSIST	00:16:04	00:16:04
3	5546	THIAGO LOPES DE SOUSA	28	CORPO DE FUZILEIROS NAVAIS	00:16:28	00:16:26
4	5220	JOSÉ RICARDO DA SILVA	45		00:16:46	00:16:46
5	5127	MANOEL RAFAEL ANSELMO PEREIRA	27	ASSIST	00:16:59	00:16:59
6	5545	PAULO CÉSAR COSTA PEREIRA	42	CORPO DE FUZILEIROS NAVAIS	00:17:46	00:17:46
7	5547	MARCELLO JUNIOR SOUZA ALVES	23	CORPO DE FUZILEIROS NAVAIS	00:17:56	00:17:55
8	5084	IRINEU PORCIANO DA SILVA MOREIRA	42	ASSIST	00:17:59	00:17:59
9	5535	MARCOS ANTONIO DE SOUZA FILHO	25	TEAM AKVA	00:18:42	00:18:41
10	5548	MARCIO BEZERRA DA SILVA	36	CORPO DE FUZILEIROS NAVAIS	00:18:57	00:18:57
11	5446	RONALDO RIBEIRO DE MIRANDA	50	CICLE ITAIPU	00:19:12	00:19:12
12	5423	NICHOLLAS SCHMIDT	18		00:19:52	00:19:51
13	5319	EDMILSON CLEMENTINO DA SILVA	54		00:20:09	00:20:09
14	5508	WAGNER DA ROCHA BRANCO	33	JOTAEFE	00:20:34	00:20:31
15	5187	ROSEFRANKLIN FURTADO DOS ANJOS	45	ASSIST	00:20:40	00:20:32
16	5018	ANDRE DE SOUZA WALHER RIFI	45	ASSIST	00:20:47	00:20:42
17	5389	MACIEL RIBEIRO DA SILVA	58	3º GBM NITEROI	00:20:52	00:20:52
18	5358	JORGE DE CARVALHO	57	CRD	00:21:22	00:21:22
19	5413	MAURICIO DACACHE FILHO	36		00:21:34	00:21:34
20	5356	JOAO FELIPE CORREA FIGUEIREDO	29		00:21:42	00:21:38
21	5487	CELSE TIBAU	54	DA ESPORTES	00:21:38	00:21:38
22	5112	LAILSON BIZERRA DOS SANTOS	37	ASSIST	00:21:49	00:21:49
23	5260	LEONARDO RAMOS MADEIRA DA SILVA	37	EZK TEAM	00:21:58	00:21:49
24	5308	CHARLES ARRUDA DO AMARAL	46	DBM 3/11	00:21:53	00:21:53
25	5485	ANDRE MARTINS DE AZEVEDO	41	JVRUNNERS	00:22:10	00:22:08
26	5384	LUIZ AUGUSTO ROBERTO ARNAUD	26		00:22:08	00:22:08
27	5055	EGBERTO FARIAS DE LEMOS	37	ASSIST	00:22:43	00:22:42
28	5331	FABIO OLIVEIRA BARROS	43	3º GBM NITEROI	00:22:46	00:22:45
29	5382	LUIS ANTONIO DA SILVA RODRIGUES	42	MOUNTAIN RUN	00:23:04	00:23:04
30	5316	DEIVISON DE OLIVEIRA BATISTA	47		00:23:25	00:23:08
31	5095	JORGE HENRIQUE DE JESUS	43	ASSIST	00:23:15	00:23:11
32	5544	ALEX NASCIMENTO	33	EZK TEAM	00:23:22	00:23:18
33	5049	DIOGO ALMEIDA DE ANDRADE	28	ASSIST	00:24:07	00:23:23
34	5434	RAINER DE OLIVEIRA ALVES	32		00:24:04	00:23:27
35	5360	JOSE CARLOS MARRIEL	53		00:23:28	00:23:28
36	5097	JOSE DA COSTA PINHEIRO JUNIOR	25	ASSIST	00:23:31	00:23:31
37	5173	RENATO MACHADO DA SILVA	35	ASSIST	00:23:38	00:23:38
38	5418	MIGUEL MONTEIRO REBELLO MARRA	21	EZK TEAM	00:23:43	00:23:38
39	5460	SEVERINO FERREIRA DE LIMA FILHO	61	PROF MARIO FERREIRA	00:23:45	00:23:45
40	5411	MARLON DA SILVA RODRIGUES	30		00:23:59	00:23:57
41	5381	LUCIANO LUIZ DIAS	45		00:23:59	00:23:58
42	5458	SERGIO LUIZ DE SA	60		00:24:02	00:23:59
43	5542	RODRIGO DE ALMEIDA MORAIS	38	RODRIGO MORAIS	00:24:25	00:24:15
44	5203	VICTOR EMANUEL DE MATOS	28	ASSIST	00:24:25	00:24:17
45	5452	ROSIVALDO BEZERRA DE FREITAS	49		00:24:18	00:24:18
46	5298	CARLOS ALEXANDRE CARLOTA	45		00:24:22	00:24:22
47	5061	FABIO FELICIANO DE SOUZA	44	ASSIST	00:24:40	00:24:40
48	5436	RENAN GOMES TERRA	52		00:24:49	00:24:46
49	5556	NILSON SILVA SOUSA	53		00:25:37	00:25:15
50	5477	VITOR ASSUMPCAO NUNES	29		00:26:11	00:25:21

51	5211	WALMIR PEREIRA DA SILVA	54	ASSIST	00:25:32	00:25:23
52	5488	CLEANTO BATISTA DO NASCIMENTO	42		00:25:45	00:25:23
53	5288	ANGELO MARCAL DA CRUZ NUNES	50		00:25:50	00:25:28
54	5500	LUIZ FERNANDO DE ALVARENGA DUARTE	53		00:25:28	00:25:28
55	5277	ANDERSON MARCUS DA CRUZ NUNES	45	PEREGRINOS	00:25:51	00:25:29
56	5282	ANDRE MARCELO DA CRUZ NUNES	48	PEREGRINOS	00:25:51	00:25:29
57	5388	LUIZ HENRIQUE DE FRANCA	32		00:25:35	00:25:30
58	5073	GILBERTO RODRIGUES DA SILVA	40	ASSIST	00:25:42	00:25:42
59	5565	JULIO SOUZA	49		00:25:47	00:25:45
60	5395	MARCELO VIEGAS LOPES	43	EZK TEAM	00:25:59	00:25:49
61	5374	LEONARDO BRUST DO NASCIMENTO	42		00:25:56	00:25:56
62	5309	CHRISTOPHER MENDES DE AZEVEDO	31		00:25:57	00:25:57
63	5030	CARLOS ADEMAR PENHA DOS RAMOS	28	ASSIST	00:26:26	00:26:20
64	5204	VICTOR MOTTA DE SANTANNA	38	ASSIST	00:28:49	00:26:27
65	5537	ODILON BRANCO	49	RUN TEAM FISIOMASTER	00:26:45	00:26:33
66	5394	MARCELO CASTRO DE LIMA	38		00:26:34	00:26:34
67	5463	SIDNEY PEREIRA	51	FIRE RUNNERS	00:28:00	00:26:42
68	5553	LAURETO SOBRAL	53		00:26:43	00:26:43
69	5044	CRISTIANO MOREIRA VIEIRA	46	ASSIST	00:27:06	00:26:55
70	5445	RODRIGO MACEDO NASCIMENTO	36	CWR	00:27:03	00:26:57
71	5096	JOSE CARLOS DA SILVA OLIVEIRA	59	ASSIST	00:27:16	00:27:02
72	5272	ALEXANDRE FARIAS LINS	49		00:27:24	00:27:03
73	5280	ANDRE DE OLIVEIRA RAFAEL	46		00:27:08	00:27:08
74	5510	ADILSON ALVES DE SOUZA	60	FABOM	00:27:19	00:27:17
75	5322	EDUARDO DE MACEDO RODRIGUES	33		00:28:13	00:27:38
76	5428	PAULO CESAR VIANNA SAIÃO	34		00:27:49	00:27:41
77	5442	RODRIGO BAARS BAPTISTA	46	BAARS	00:27:58	00:27:45
78	5278	ANDERSON NUNES MACHADO	44		00:28:08	00:27:45
79	5185	ROSEMBERG ESTEVAO DA SILVA	46	ASSIST	00:28:04	00:27:50
80	5491	DOMINGOS CORDEIRO GOMES	40		00:27:56	00:27:56
81	5536	MIGUEL ANGELO FERREIRA DE SOUZA	39	COUTINHO	00:27:58	00:27:58
82	5047	DAVIDSON SANTOS DE CARVALHO	37	ASSIST	00:28:38	00:28:00
83	5564	JOAO GABRIEL A BARRETO	45		00:28:22	00:28:01
84	5444	RODRIGO HESPANHOL DE MENEZES	47		00:28:53	00:28:07
85	5429	PAULO CEZAR DA SILVA ABREU	65	SUL CARIOCA	00:28:11	00:28:11
86	5064	FELIPE ALVES DO NASCIMENTO	33	ASSIST	00:28:12	00:28:12
87	5352	JANSE DOS SANTOS RIBEIRO	41		00:28:18	00:28:13
88	5514	DIEGO CAMPOS PEREIRA	37	FABOM	00:28:59	00:28:13
89	5026	BRUCE PEGADO DE ALMEIDA	44	ASSIST	00:28:26	00:28:16
90	5281	ANDRE FERNANDES CAMPOS NETTO MACHADO	31		00:28:22	00:28:22
91	5312	CLOVIS REIS DE MIRANDA	50		00:28:25	00:28:23
92	5262	RONI FRANCO	42	EZK TEAM	00:28:53	00:28:41
93	5258	ANDERSON AUGUSTO	48	EZK TEAM	00:28:55	00:28:42
94	5079	GUILHERME FERNANDES FERREIRA	37	ASSIST	00:28:47	00:28:47
95	5060	EVERTON DE LIMA MARCELLO	37	ASSIST	00:29:49	00:29:10
96	5503	MARCUS VINICIUS DA SILVA COIMBRA	56		00:29:47	00:29:15
97	5498	JOAO JOSE FERREIRA	53		00:29:21	00:29:16
98	5361	JOSE CARLOS TEIXEIRA DA SILVA NETO	34		00:29:23	00:29:20
99	5439	RENATO SOUZA REZENDE	37		00:29:22	00:29:22
100	5168	RAFAEL LIMA TELES	36	ASSIST	00:29:43	00:29:40
101	5299	CARLOS ALEXANDRE DOS SANTOS FARIAS	38	HCAP	00:29:58	00:29:42
102	5474	VICTOR AMBROSIO TAVARES DOS SANTOS	18		00:29:53	00:29:53
103	5324	EDUARDO SIDNEY MARTINS OLIVEIRA	21		00:30:21	00:30:14
104	5554	SEVERINO LUIZ DE LIMA	52		00:30:16	00:30:16
105	5054	EDUARDO GONCALVES PEREIRA	44	ASSIST	00:30:19	00:30:17
106	5525	AUGUSTO CESAR DA SILVA	28		00:31:00	00:30:28

107	5431	PEDRO CABRAL DE ARAUJO	50		00:30:34	00:30:32
108	5527	FELIPE ROCHA DOS SANTOS	35	CORRIDA CORONEL	00:30:52	00:30:34
109	5051	EDGAR PESSOA DE ANDRADE	41	ASSIST	00:30:58	00:30:39
110	5391	MANOEL ROCHA PEREIRA	60	LOBOS DO VILAR	00:30:46	00:30:42
111	5255	DAVI CAVALCANTI CUNHA	53	EZK TEAM	00:30:57	00:30:44
112	5424	NILTON BARBOSA WERNECK	68		00:31:08	00:31:07
113	5502	MARCOS ROBERTO MACIEL	42		00:31:29	00:31:09
114	5125	LUCIANO BARBOSA DA SILVA	47	ASSIST	00:31:34	00:31:19
115	5441	ROBERTO FERREIRA DA SILVA	42		00:31:35	00:31:35
116	5297	CARLOS ALBERTO LOPES FAJARDO	62		00:32:06	00:31:45
117	5268	ALESSANDRO DIOGO MOREIRA	38		00:31:59	00:31:55
118	5207	VINICIUS BAETA CAIADO CHAVES	28	ASSIST	00:32:12	00:32:04
119	5401	MARCO ANTONIO CAMPOS CARMEL	57	TEMPLARIOS RUNNING	00:32:23	00:32:13
120	5041	CLEITON ALVES PEREIRA	39	ASSIST	00:32:36	00:32:19
121	5336	FILIFE HUMBERTO SILVA	32		00:32:19	00:32:19
122	5528	FERNANDO DOS RAMOS	64	C F RAMOS	00:32:30	00:32:19
123	5134	MARCIO BATISTA DA CUNHA	46	ASSIST	00:32:32	00:32:32
124	5289	AROLDO VIEIRA	58		00:32:35	00:32:35
125	5059	EVERALDO PESSOA DE ANDRADE	44	ASSIST	00:33:05	00:32:47
126	5237	JOSÉ MARCELO DA SILVA	40	QUARTETO FANTÁSTICO	00:32:54	00:32:50
127	5334	FELIPE DA SILVA ORDACGY	42		00:33:15	00:33:07
128	5294	BRUNO ROSA DE SOUZA	22		00:33:13	00:33:10
129	5457	SERGIO DO NASCIMENTO CEDRO	54		00:33:28	00:33:17
130	5246	EVARALDO CORREA MOREIRA	50	ELIZANDRA MACHADO	00:33:25	00:33:25
131	5405	MARCUS VINICIUS RIBEIRO DE ASSIS	33		00:33:35	00:33:26
132	5496	GUSTAVO STUMPF GOMES	36		00:34:28	00:33:57
133	5471	THIAGO CHAVES DA SILVA	23		00:34:31	00:33:58
134	5378	LUCAS GONCALVES COSTA BITTENCOURT	25		00:34:33	00:33:59
135	5214	WELLINGTON CAMPOS MARQUES	34	ASSIST	00:34:07	00:34:04
136	5242	ANIBAL PERREIRA FERRAZ	53	ELIZANDRA MACHADO	00:34:08	00:34:06
137	5065	FELIPE VIEIRA DUVAL	34	ASSIST	00:34:28	00:34:20
138	5005	ALEX DAMASCENO DOS SANTOS	46	ASSIST	00:34:26	00:34:26
139	5267	ALCINEI SANTIAGO RODRIGUES	47		00:35:02	00:34:36
140	5256	DAVI SOUZA CAVALCANTI	25	EZK TEAM	00:34:55	00:34:42
141	5132	MARCELO RODRIGUES DIAS	47	ASSIST	00:35:10	00:34:53
142	5385	LUIZ FERNANDO DIAS DOS SANTOS	61		00:34:59	00:34:54
143	5386	LUIZ FERNANDO DOS RAMOS	38		00:35:07	00:34:58
144	5291	BERNARDO RAMSCHEID F M DOS SANTOS	16		00:35:01	00:35:01
145	5563	RODRIGO MEDINA	44		00:35:02	00:35:02
146	5530	JORGE LUIZ DOS SANTOS CORDEIRO	34	APP AI	00:35:43	00:35:10
147	5099	JOSE LUIZ SOBRINHO	67	ASSIST	00:35:28	00:35:17
148	5131	MARCELO ORLANDIR COSTA COELHO	48	ASSIST	00:36:07	00:35:23
149	5269	ALESSANDRO NEPOMUCENO DA SILVA	40		00:35:28	00:35:23
150	5167	RAFAEL DE SOUZA MOREIRA	34	ASSIST	00:35:36	00:35:24
151	5071	FERNANDO PEIXOTO RAIMUNDO	40	ASSIST	00:35:36	00:35:25
152	5201	VAGNER DOS REIS MEDEIROS	52	ASSIST	00:35:54	00:35:34
153	5109	KELDER VICTOR OLIVEIRA DA SILVA	19	ASSIST	00:36:21	00:36:07
154	5363	JOSE REBELO	66	REBELOS	00:36:19	00:36:09
155	5419	MILTON RODRIGUES DA SILVA JUNIOR	34		00:36:39	00:36:21
156	5534	MARCIO PELEGRINO SILVEIRA	43		00:37:09	00:36:50
157	5270	ALEXANDER GONCALVES FERREIRA	41		00:37:15	00:36:51
158	5304	CARLOS ROBERTO DA SILVA	61		00:37:17	00:37:00
159	5438	RENATO CASTILHO PASSOS DE ALMEIDA	36		00:37:54	00:37:38
160	5115	LEONARDO DA CUNHA	39	ASSIST	00:38:23	00:38:14
161	5372	LEANDRO COSTA RABELLO	42	RABELLO	00:38:58	00:38:51
162	5430	PAULO HENRIQUE ALVES RODRIGUES	45		00:39:27	00:38:59

163	5490	DELANO RAMOS MEDEIROS	42	SEGURANCA PRESENTE	00:39:38	00:39:38
164	5206	VINICIUS AFONSO JOAQUIM	33	ASSIST	00:40:39	00:39:59
165	5348	GUSTAVO GONCALVES ESTEVEZ	40		00:40:13	00:40:04
166	5489	DANIEL ELIAS DE OLIVEIRA	48		00:40:45	00:40:10
167	5493	EDIVAL ANCHIETA DA SILVA	54		00:41:00	00:40:32
168	5042	COSME JOSE DE SOUZA DA SILVA	54	ASSIST	00:41:00	00:40:40
169	5174	RENE NEVES BOTELHO	56	ASSIST	00:41:04	00:40:44
170	5472	THOMAS LOTHAR SCHMIDT	57		00:40:48	00:40:45
171	5019	ANDRE LUIZ RODRIGUES PINHEIRO	37	ASSIST	00:40:56	00:40:48
172	5402	MARCOS ANTONIO NOSSA	49		00:41:27	00:41:04
173	5541	VICTOR GOMES RANGEL	38		00:41:45	00:41:19
174	5032	CARLOS AUGUSTO CAMPOS FILHO	49	ASSIST	00:41:30	00:41:30
175	5306	CASSIO HOMERO MARTINS DA SILVA	49		00:43:31	00:42:56
176	5165	PEDRO ALEXANDRE DOBBIN	56	ASSIST	00:43:42	00:43:04
177	5130	MARCELO LEITE DOS SANTOS	44	ASSIST	00:43:59	00:43:20
178	5178	ROBERTO ARAUJO FERNANDES LISBOA	38	ASSIST	00:44:01	00:43:32
179	5301	CARLOS FLAVIO PEREIRA	39	EQUIPE SUPREMO DAVI	00:43:41	00:43:32
180	5283	ANDRE NORONHA DE ARAUJO	43		00:44:53	00:44:27
181	5539	PAULO HENRIQUE ALVES RODRIGUES JUNIOR	19		00:45:04	00:44:33
182	5082	HELENO PINTO DO NASCIMENTO	70	ASSIST	00:46:52	00:46:21
183	5057	EMANUEL DA FONSECA SOARES	41	ASSIST	00:47:29	00:47:08
184	5093	JOAO RICARDO DRUMMOND DE MORAIS	64	ASSIST	00:47:23	00:47:10
185	5034	CARLOS EDUARDO SANTOS DE JESUS	33	ASSIST	00:48:07	00:47:37
186	5080	GUSTAVO DUARTE RIBEIRO	27	ASSIST	00:48:50	00:48:21
187	5512	CAMILO RIBAMAR RAMOS	55	FABOM	00:49:40	00:49:28
188	5302	CARLOS JOSE DOS SANTOS CARVALHO	51		00:49:59	00:49:59
189	5347	GUILHERME FERREIRA E SILVA	15		00:50:53	00:50:11
190	5482	WLADIMYR NOGUEIRA DA SILVA	51		00:50:53	00:50:12
191	5247	GUARACY DE CARVALHO MEDINA	57	ELIZANDRA MACHADO	00:50:32	00:50:17
192	5069	FERNANDO BATISTA AZEVEDO	41	ASSIST	00:51:02	00:50:19
193	5229	ANTONIO CARLOS DA SILVA MORAIS	54		00:51:25	00:51:01
194	5513	CLAUCIR COSTA	47	FABOM	00:54:10	00:53:20
195	5337	FLAVIO ASSIS VASCONCELOS	49	VASCONCELOS	00:53:44	00:53:44
196	5533	LUIZ CARLOS CORDEIRO	65	APPAL	00:54:43	00:54:14
197	5058	EMERSON ROGERIO DA SILVA BRAGA	47	ASSIST	00:54:55	00:54:21
198	5515	GABRIEL ANTUNES AUDAY	19	FABOM	00:55:47	00:55:00
199	5129	MARCELO FERREIRA DE OLIVEIRA	49	ASSIST	00:55:34	00:55:34
200	5021	ANTONIO CARLOS PEREIRA DE CARVALHO	64	ASSIST	00:55:49	00:55:49
201	5532	LEANDRO RODRIGUES COSTA	27		00:56:50	00:56:20
202	5292	BRUNO DE AZEVEDO SANTOS	38	ORIGINAL TEAM	00:56:48	00:56:44